

Occupational Health Services

Inova Occupational Health provides workplace health services to thousands of employers throughout the Metro DC area. With over a dozen locations, Inova's occupational health physicians and providers provide quality healthcare services to thousands of employees every year. Our mission is to ensure your employees are ready and able to work safely and effectively.

| Service | Description | Timing/Frequency |
|---|--|-------------------------------------|
| PHYSICAL EXAMINATIONS | | |
| A variety of physical examinations with appropriate testing, tailored to meet the employer's needs. | | |
| Pre-Employment/Periodic Exam | Evaluates employee's ability to safely perform job functions | As needed |
| DOT/CDL Examination | Medical determination for operating commercial vehicles | As needed to maintain certification |
| OSHA/Surveillance Examinations | Includes Hazmat Exams. Complies with specific regulatory standards | Baseline/periodic |
| Respiratory Medical Clearance | Evaluates ability to wear respirator (includes questionnaire review) | Exam if needed. Annually/periodic |
| Return to Work Evaluations | Evaluates ability to return to work, post-absence | As needed |
| Fitness for Duty Examinations | Review of pertinent medical records + focused exam to evaluate employee's ability to perform essential job functions | As needed |

SUBSTANCE ABUSE TESTING

A variety of options are available to help maintain a safe, productive and drug-free workplace. All substance abuse testing is performed in accordance with the highest industry standards and includes an official MRO review.

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| Non-Regulated Urine Testing | 5 or 10 panel screening | Post-offer, random, reasonable suspicion, post-accident, follow-up |
| DOT Urine Testing | 5 panel screening | Post-offer, random, reasonable suspicion, post-accident, follow-up |
| Rapid Urine Testing | 5 or 10 panel screening with rapid results | Post-offer, random, reasonable suspicion, post-accident, follow-up |
| Breath Alcohol Testing | Testing for the presence of alcohol | Post-offer, random, reasonable suspicion, post-accident, follow-up |
| Random Drug Screening | Random Pool | As needed |

WORK-RELATED INJURY

Our physicians & providers understand the importance of returning employees to work quickly and safely after injury or illness by identifying and appropriately recommending temporary work restrictions. Studies have shown that the sooner an injured employee returns to work, the sooner they will recover and be able to return to their regular work status.

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| 24-Hour Care | After-hours access at Inova Emergency Rooms in Fairfax and Reston | Seven days/week, 24 hours/day |
| Urgent Care | Walk-In care for acute illnesses and injuries at one of our 15 UCC locations, and 2 full service occupational health clinics throughout Northern Virginia | |
| Organization/Communication | Focusing on a team approach, we provide employers with timely information on employee status | |
| Understanding Support Services | We understand the employer's needs regarding work-related injuries. Single Electronic Medical Records System throughout all locations, Physician referrals, Physical Therapy Clinics | |

ADDITIONAL TESTING

From health care workers to drivers, to movers, to municipality employees, Inova offers testing and additional services to provide a safe and healthy workplace environment that meets all regulatory requirements.

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| Hearing Tests | Evaluate workplace hearing loss and Following regulations in line with the OSHA Hearing Program standards | Baseline, annual |
| Pulmonary Function Testing | Evaluate employee's lung performance and his/her ability to wear a respirator | Baseline, periodic |
| Respiratory Fit Testing | Verifies proper fitting of an employee's N-95 respirator (painters, healthcare and hazardous material workers) | Baseline, annual |
| Flu Shots | Protect essential and high-risk workers from influenza and its complications | Annual |
| Hepatitis B Vaccines | Recommended for employees handling infectious materials (healthcare, plumbers) | As needed (series of 3) |
| Lab/Blood Tests | Tests to meet any employer's needs | Baseline, periodic |
| TB Testing | Essential for employer's tuberculosis protection plan | As needed |
| Tetanus/TDAP Vaccinations | Booster vaccinations for at-risk employees | Per CDC Guidelines |
| Vision Testing | Visual acuity check, color vision screening, peripheral vision and depth perception | Baseline, periodic |
| X-ray | X-rays available in all locations with real-time readings | As needed |

ADDITIONAL SERVICES & INFORMATION

IOH understands the importance of Occupational Health Services. Our program helps optimize employee well-being, and improves safety. IOH is backed by Inova, Northern Virginia's leading not-for-profit healthcare system. Our comprehensive service line and expert professionals make us ideally equipped to exceed the healthcare needs of today's diverse workplace. Take advantage of our online scheduling capabilities, as well as online posted wait times for all of our Urgent Care Centers. Inova's breadth and depth of services also includes on-site clinic capabilities, employee assistance programs, executive health programs, as well as a very robust wellness program.

To learn more about Inova Occupational Health Services, visit inova.org/occupationalhealth or contact Alex Piguet @ 571.472.0160 or alexander.piguet@inova.org